

Guidelines for Outdoor Youth Sports



This guidance is intended to convey the message of Governor Hogan and the Maryland Strong: Roadmap to Recovery as it relates to Calvert County residents, business owners, workers and visitors at this moment in time. The Roadmap lays out important guiding principles:

Marylanders should continue to wear face coverings or masks in indoor public places.

Marylanders should continue to practice physical distancing.

It is important that all of our actions in the near future are consistent with these guiding principles. Re-opening or changing the way a business or venue operates is a major undertaking. Below we have a collection of general ideas that organizations should take into consideration when developing program-specific plans for beginning outdoor youth sports:

- » Each program should have a detailed plan consistent with these guidelines, CDC guidance, and, if available, guidelines from national organizations representing your specific sport such as U.S. Youth Soccer Association. National guidance is expected to change as the pandemic changes, so please update your plans periodically.
- » Hand sanitizer, disinfectant wipes, or hand washing stations are readily available.
- » An EPA registered disinfectant is available to properly clean any high contact surfaces after each practice/session.
- » Implement symptom screening for both staff and athletes prior to each practice. These records will be maintained for 30 days in safe secure location.
- » A plan should be in place to allow for adequate social distancing with special consideration for drop-off and pick-up areas.
- » No group can exceed 10 individuals at one time. The program may schedule staggered days and times for practices to meet this guideline.
- » All individuals must maintain 6 feet social distancing whenever possible. If this cannot be maintained the activity should be modified to ensure social distancing among athletes.
- » The use of locker facilities is prohibited. Restrooms must be monitored to ensure proper social distancing is being maintained by athletes.
- » Staff and coaches are trained on using disinfectants and personal protective equipment.
- » Staff shall wear face coverings. Masks shall cover both mouth and nose.
- » Athletes and parents must properly wear face coverings at time of drop-off, pick-up, or any other time when social distancing cannot be maintained.
- » Parents should be strongly discouraged from attending practice. Any spectators must stand more than 6 feet away from non-household member.
- » Develop a response plan for staff and parents to follow should a staff member or athlete be exposed to COVID-19 or test positive for COVID-19.
- » Minimize sharing equipment. Ensure shared equipment must be properly disinfected after use.
- » All cones or training markers used during practice will be handled by staff only.
- » Provide signage for parents and athletes of proper social distancing and prevention of COVID-19.

**Requirements may change at any point contingent on health necessities or new directives from the Governor's Office.*